

The Ya pear is also known as the Chinese White Pear and is native to northern China where it is widely grown. These are juicy white pears which taste like a cross between a rose and a pineapple. They are crisp, sweet and delicious.

Pears are a good source of vitamin C and copper. Both of these nutrients are antioxidants which help protect cells in the body from oxygen-related damage due to free radicals.

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